

Sixpenny Menu May 2018

Day	Breakfast	Morning snack	Lunch	Afternoon snack	Tea
Monday	Wholemeal toast Rice Krispies or Malt wheats with fresh milk	Rice cake and banana	Jacket potato, grated cheese and beans Fruit yogurt	Oatcake and grape halves	Humus and pitta bread served with carrot and cucumber sticks Banana and custard
Tuesday	Crumpets Rice Krispies or Malt Wheats served with fresh milk	Cheesy biscuit and grape halves	Pasta Bolognese with garlic bread Fruit salad	Plain pancake and clementine segments	Sausage roll Serve with pepper & carrot sticks Greek yogurt with honey or jam
Wednesday	Wholemeal toast Rice Krispies or Malt wheats with fresh milk	Breadstick and pear slices	Roast Chicken with roast potato and seasonal veg Raspberry Fool	Malt loaf	Beans on toast Chocolate brownie
Thursday	Malt Loaf Wholemeal toast Rice Krispies or Malt wheats with fresh milk	Cream cracker and banana slices	Fish fingers with herby potatoes and spaghetti hoops Shortbread	Cheese biscuit and grape halves	Cheese and tomato pizza Melon slices
Friday	Wholemeal toast Rice Krispies or Malt wheats with fresh milk	Pancake and apple slices	Bean and Sausage wholemeal Pasta Bake Sponge slice	Cream cracker and cheese	Chicken goujons served with cherry tomatoes Strawberry frozen yogurt

WEEK ONE

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Days	Breakfast	Morning snack	Lunch	Afternoon snack	Tea
Monday	Crumpets Rice Krispies or Malt Wheats with fresh milk	Pancake and apple slices	Toad in the hole served with peas and potato wedges and gravy Sticky Toffee Pudding with Custard	Rice cake and banana slices	Beans on toast Fruit Yogurt
Tuesday	Wholemeal Toast Rice Krispies or Malt Wheats with fresh milk	Breadstick and pear slices	Chilli with Baked Potato Baked apples and cinnamon	Cheese and grape halves	Tortilla pizza Rice Krispie cakes
Wednesday	Malt Loaf Rice Krispies or Malt Wheats with fresh milk	Oatcake and orange segments	Roast beef served with roast potatoes and seasonal vegetables Fruit kebab	Cream cracker and banana	Crustless quiche and potato salad Apple sponge and custard
Thursday	Wholemeal Toast Rice Krispies or Malt Wheats with fresh milk	Cheese biscuit and grape halves	Chicken and Vegetable Pie served with broccoli Softened Flapjack	Malt loaf	Bagel served with cheese and ham (Baby bean room choice of above or beans on toast) Melon slices
Friday	Crumpets Rice Krispies or Malt Wheats with fresh milk	Cream cracker and cheese	Fish and pea fishcakes, potato cubes and beans Gingerbread shapes	Breadstick and banana slices	Mint Raita served with crackers and cucumber sticks Petit Filous

WEEK TWO

Sixpenny Menu May 2018

Days	Breakfast	Morning snack	Lunch	Afternoon snack	Tea
Monday	Wholemeal Toast Rice Krispies or Malt Wheats with fresh milk	Rice cake and banana slices	Fish Pie and seasonal vegetables Greek yoghurt with Raspberry puree	Oatcake and grape halves	Chicken goujons served with cherry tomatoes Carrot Cake
Tuesday	Malt Loaf Rice Krispies or Malt Wheats with fresh milk	Cheese biscuit and grape halves	Chicken in a tomato and herb sauce Fruit salad	Pancake and orange segments	Humus and pitta bread served with cucumber sticks Chocolate and orange cake
Wednesday	Wholemeal Toast Rice Krispies or Malt Wheats with fresh milk	Breadstick and pear slices	Roast pork, roast potatoes and seasonal vegetables Fruit jelly with added fruits	Malt loaf	Puff pastry wheels served with pepper and cucumber sticks Apple and rhubarb crumble
Thursday	Crumpets Rice Krispies or Malt Wheats with fresh milk	Cream cracker and banana slices	Sausage, baked beans and wedges Trifle	Cheese biscuit and grape halves	Spaghetti hoops on toast Mango and kiwi fruit salad
Friday	Wholemeal Toast Rice Krispies or Malt Wheats with fresh milk	Pancake and apple slices	Lasagne Chocolate and beetroot square	Cream cracker and cheese	Homemade pizza with children's choice of topping Fruit yoghurt

WEEK THREE

Sixpenny Menu May 2018

Days	Breakfast	Morning snack	Lunch	Afternoon snack	Tea
Monday	Malt Loaf Rice Krispies or Malt Wheats served with fresh milk	Pancake and apple slices	Pasta bake Petit Filous	Rice cake and banana slices	Beans on toast with cheese Melon slices
Tuesday	Wholemeal Toast Rice Krispies or Malt Wheats served with fresh milk	Breadstick with pear slices	Chicken and vegetable curry served with naan bread Jelly	Cheese and grape halves	Spicy banana bread Greek yoghurt served with honey or jam
Wednesday	Crumpets Rice Krispies or Malt Wheats served with fresh milk	Oatcake and orange segments	Roast lamb, roast potatoes and seasonal vegetables Softened Flapjack	Cream cracker and banana slices	Sausage roll Served with pepper and carrot sticks Fruit
Thursday	Wholemeal Toast Rice Krispies or Malt Wheats served with fresh milk	Cheese biscuit and grape halves	Pork meatballs and pasta Fruit salad	Malt loaf	Cheese and tomato pizza Fruit yoghurt
Friday	Malt Loaf Rice Krispies or Malt Wheats served with fresh milk	Cream cracker and cheese	Fish fingers, potato wedges and beans Rice crispy cakes	Breadstick and banana slices	Selection of cheese and ham Sandwich with cucumber Homemade biscuit

WEEK FOUR